St. Ambrose Catholic Church

Fr. Donatello Iocco, Pastor

Mission Statement:

In Christ we are all things, He is everything to us. If you have wounds to heal, He is a physician; if fever scorches you, He is a fountain. Would you punish evil doing, He is justice, If you need help, he is strength; if you fear death, He is life; if you hunger, He is food.

- St. Ambrose

MASS TIMES

Sunday Liturgy		
Saturday (Vigil)	4:30 pm	
	Family Mass with Youth Choir	
Sunday	9:00 am	Cantor & Organ
	11:00 am	Choir & Organ

Daily Mass

Monday-Saturday 8:00 am (no Mass Tuesdays)

Devotions

Holy Hour Eucharistic Adoration

First Friday 8:30 am - 9:30 am

"Can you not watch an hour with me?" Matthew 26:40

Holy Rosary Monday - Saturday 7:30 am

Divine Mercy Chaplet Monday - Saturday 8:30 am

Devotion to Our Lady of Perpetual Help

Wednesdays 8:45 am

BECOME A FRIENDLY VISITOR!

Under the direction of the pastor, Friendly Visitors serve those in the parish and surrounding community who are in need of social interaction. Must attend a 1 day training session when available.

PARISHIONERS

Please contact the parish office to update address/phone #s or to volunteer in ministries.

Office Hours: Mon, Wed, Thurs, Fri 10 am - 3 pm
Closed Tues, Sat, Sun

New Parishioners

Welcome! To register please call the office or email rose@stambroseparish.com.

SACRAMENTS

Reconciliation

Saturday: 3:45-4:15 pm (or by appointment)

Marriage

Couples wishing to arrange a wedding are required to contact the parish 1 year in advance and must be registered parishioners. The date needs to be confirmed with the pastor. A Marriage Preparation Course is required and can be taken at any parish. Request for Marriage forms are found on the parish website. Please contact the parish office for more information.

Sacrament of Baptism

People seeking Baptism for their children must be registered in the parish for at least three months, and must speak to the Pastor after Mass. Baptism is celebrated every 3rd Sunday of the month. Baptism forms are found on the parish website.

Sacrament of the Sick and Care for the Elderly & Shut-ins

For the Anointing of the Sick please call the parish office to arrange a visit by the Priest. Those confined to their homes by illness, infirmity or age, who would like to receive Communion contact the office.

Religious Instruction

Sacramental Preparation is offered to all registered and active parishioners. Information is provided through bulletin and pulpit announcements.

PARISH MINISTRIES

Extra-Ordinary Ministers of the Eucharist, Lectors, Lay Pastoral Visitors, Friendly Visitors, Greeters, Ushers, St. Ambrose Choir and Youth Choir, Catholic Women's League, Knights of Columbus & Honouring God's Creation Society

WE WELCOME **YOU** TO JOIN US!

15 - 4

782 Brown's Line, Toronto ON M8W 3W2 • Phone: 416-251-8282 **Fax:** 416-251-4400
Website: www.stambroseparish.com **E-mail:** rose@stambroseparish.com, stambrose.office@gmail.com

THIRTIETH SUNDAY IN ORDINARY TIME October 25, 2020

15 - 4

MASS INTENTIONS

Mon Oct 26		*Sat Oct 31*	
8:00 am	***+Gord & +Doreen Power***	*4:30 pm*	***+Giuseppe Sabatino (Family)***
	(Wuebbolt Family)		***Let's Pray for the Finelli Family***
			(Family)
Wed Oct 28			***+Marcyjanna Dolegowski***
8:00 am	***For the Unborn***		***(Family)***
		Sun Nov 1	
		9:00 am	***Pro Populo***
Thurs Oct 29			
8:00 am	***For the Parishioners at St. Ambrose***		
		11:00 am	***Pro Populo***
Fri Oct 30			
8:00 am	***For the Sick***		

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30th Sunday in Ordinary Time – Oct 25, 2020

"You shall love the Lord your God with all your heart, and with all your soul and with all your mind." Live in that love in the priesthood, diaconate or consecrated life. **Contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. Email: vocations@archtoronto.org www.vocationstoronto.ca**

MASS FOR THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED All Souls Mass – **Monday, November 2, 2020 @ 7:30pm** All Souls envelopes are available at both entrances of the parish and you can put your envelope in the collection basket on Sunday's. The mass intentions will be placed on the altar throughout the month of November.

Ideas for a Delicious Plant-Based Meal
Vegan Lasagna

Ingredients
1 ½ cups chopped onions
3 tbsp minced garlic
4 cans stewed tomatoes (14.5 ounce)
1/3 cup tomato paste
½ cup chopped fresh basil
½ cup chopped parsley
1 tsp salt
1 tsp black pepper
1 package lasagna noodles (16 ounces)
2 pounds firm tofu
2 tbsp minced garlic
¼ cup chopped fresh basil
¼ cup chopped parsley
½ tsp salt
Black pepper to taste
3 packages frozen chopped spinach, thawed and drained (10 ounces)

Instructions
-Make the sauce in a large heavy saucepan, over medium heat, heat the olive oil. Place the onions in the saucepan and saute them until they are soft, about 5 minutes. Add the garlic; cook 5 minutes more.
-Place the tomatoes, tomato paste, basil and parsley in the saucepan. Stir well, turn the heat to low and let the sauce simmer covered for 1 hour.
-While the sauce is cooking bring a large pot of salted water to a boil. Boil the lasagna noodles for 9 minutes, then drain and rinse well.
-Preheat the oven to 400 F (200 C)
-Place the tofu blocks in a large bowl. Add the garlic, basil and parsley. Add the salt and pepper, and mash all the ingredients together by squeezing pieces of tofu through your fingers. Mix well.
-Assemble the lasagna, cover the pan with foil and bake the lasagna for 30 to 40 minutes. Serves 8.

How to Go Vegan? The best resources for Fun and Easy Transition:
http://www.kinderworld.org/how-to-go-vegan/

SHARELIFE 2020

We are pleased to provide an update on the continuation of the 2020 ShareLife campaign. We will continue into the fall of this year. The last weekend to donate to Sharelife is: **November 7-8, 2020.** Parishioners can drop their contribution at the parish or mail to the ShareLife office. (1155 Yonge Street, Toronto or call 416-934-3411) This is being done to allow parishioners to support the campaign if they are unable to attend Mass, and to allow the ShareLife office to assist with processing these contributions. We will also be including the option to contribute by credit card and direct debit, giving parishioners the opportunity to support ShareLife in this manner. Please give generously!

FIRST HOLY COMMUNION

Congratulations to all the children who received their Sacrament of Holy Communion on Saturday, October 24, 2020. May God Bless you! ***Fr. Donatello Iocco.*** Information for 2021 First Holy Communion will be coming soon.

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